

OCTOBER 2021

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PARKDALE POST

THE OFFICIAL PARKDALE COMMUNITY NEWSLETTER

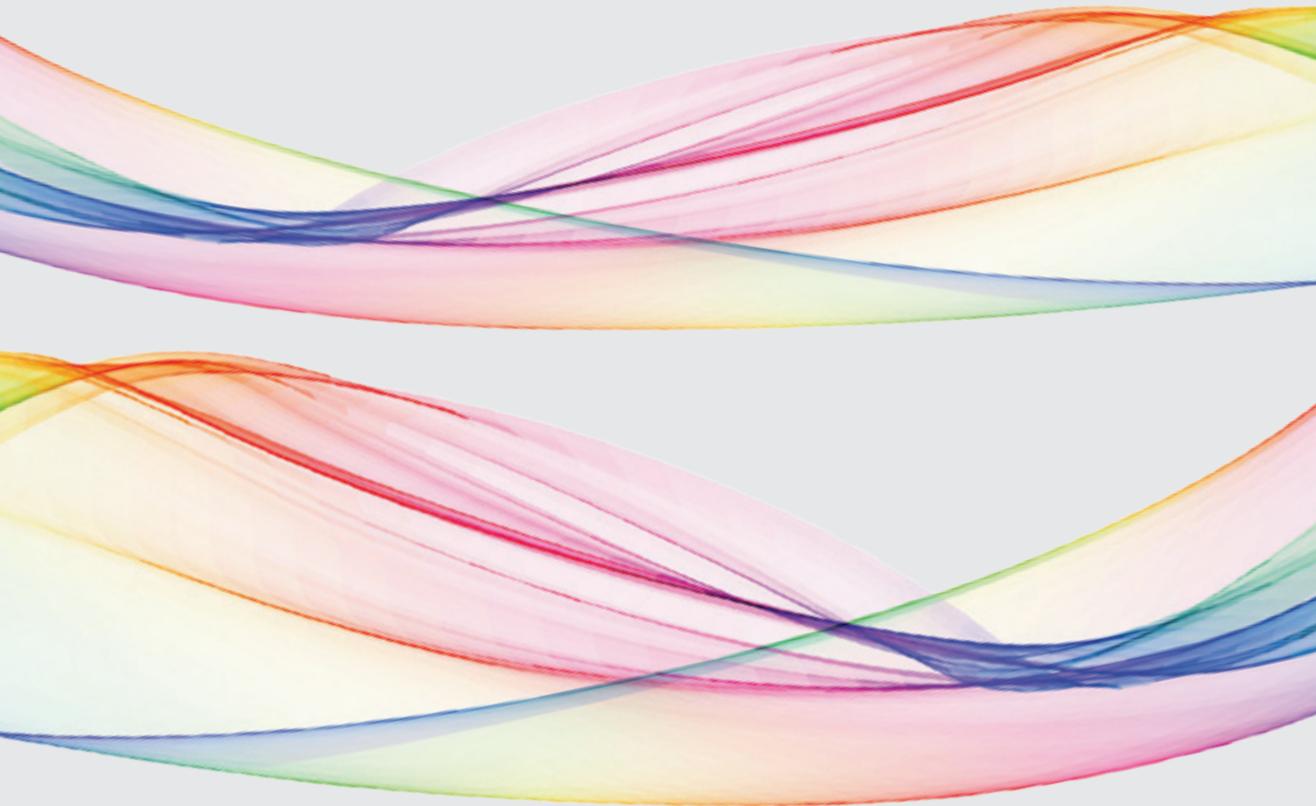


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The October 18 municipal election presents a unique opportunity for the Ward 7 Councillor to bring forward policies, methods and resources for:

- **Safe communities** where
 - we can live in our homes and operate our businesses without threat;
 - criminal behaviour is reduced;
 - community standards are enforced;
 - municipal infrastructure (eg. roads, sidewalks, pathways, etc.) are safe for pedestrians, cyclists, and drivers; and
 - snow is removed, not just moved, in critical places;
- **An Affordable City** that operates within its means and priorities without the tendencies to increase taxes, fees and utility rates;
- **Vibrant Ward 7** that is full of energy, opportunity, and innovation on the street, in our parks and civic facilities, and with our indigenous, arts, cultural, and ethnic communities.

Ward 7 is the Heart of Calgary and I strongly support these measures. I have had the privilege of connecting with Ward 7 and **Parkdale** residents at the door. The predominant concerns heard include:

- **Poor public consultation** about the move to greater housing intensification with minimal regard to neighbours and neighbourhood character, history, heritage, culture, tree canopy, and greenspace impacts. The City's engagement process lacks early community engagement to share an understanding of what problems we are trying to solve, what outcomes are desired, what alternatives are available, and how do we arrive at meaningful and mutual decisions;
- **Residential on-street parking permits** and the lack of parking enforcement, particularly of Foothills Medical Centre staff; and,
- **Traffic speed, noise, and cut-through** along Parkdale Boulevard and impact to children, especially near the school and playground area.

Like many of you, I have a vision for a great Calgary. After 30 years at The City in a variety of managerial roles and with 6 years working in communities and advocating on particular initiatives, I have the competencies to work communities and to affect immediate and positive change.

"Parkdale, on October 18, vote for experience. I will prioritize doing the right things and doing them right with you."

Learn more at www.terrywong.ca

PARKDALE COMMUNITY ASSOCIATION



3512 - 5 Avenue NW, Calgary AB T2N 0V7
403-283-5767
office@parkdalecommunity.com
www.parkdalecommunity.com

The PCA Office is usually open
9:00 am to 3:00 pm Tuesday to Thursday.

Please call or email and leave a message if you need support from the PCA Office. The PCA Office is closed on all statutory holidays.

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PRESIDENT'S MESSAGE

Hello Neighbours!

Happy fall! I hope the back-to-school season went well and that everyone is healthy and safe.

The Municipal Election is scheduled for Monday, October 18. I encourage everyone to get out and vote. We will have a new Councillor for Ward 7 and new Mayor, not to mention new School Trustees. More information can be found at <https://www.calgary.ca/election.html>. Elections matter and results have a direct impact on our community.

Reflecting on August and September, we held some great events for our community thanks to the PCA Events Team. In August, families had fun at the Parkdale Party in the Park, the Parkdale Garden Tour encouraged residents to walk the neighbourhood and check out the beautiful gardens in the community, and finally another successful Parkdale PetFest was held for our furry friends in September.

Construction continues the Parkdale Hub. As mentioned, we received a Municipal Stimulus Grant for \$1.1 million to support the Parkdale Hub. We are looking forward to a grand opening in the new year. In the meantime, thank you for your patience as construction continues until the end of December. Please note that this is an active construction site – please keep out of the fenced area.

We are always looking for volunteers and residents to get involved in our events, programs, and initiatives. If you are interested in helping out in a small or big way, contact our Volunteer Engagement Director at volunteer@parkdalecommunity.com.

As always, welcome your feedback – don't hesitate to contact me at president@parkdalecommunity.com.

Happy October!

Amanda Affonso



Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

PLANNING AND DEVELOPMENT UPDATES

by Judy Hoad

Help Us Plan the Future of Parkdale

The Planning and Development Committee is planning workshops in October and November to work with all residents and the businesses in Parkdale in order to create a vision for our community and a guiding document on how the community can grow and change.

Your input on housing form, density, heritage assets, access to public spaces and amenities, commercial and retail locations, and the transportation network will be used to prepare a draft Community Plan. That draft plan will be shared broadly with the community in early 2022 and presented at the spring AGM for approval.

Workshop Dates:

Thursday, October 28 – 7:00 to 9:00 pm

Thursday, November 18 – 7:00 to 9:00 pm

We will also hold a special workshop for businesses currently proposed for Tuesday, November 2.

Due to changing COVID restrictions, we are currently unsure about whether the meetings will be in person or virtual. Please watch our website www.parkdalecommunity.com for meeting details.

Let's work together to enhance Parkdale and make it a vital and thriving community for everyone. I look forward to working with residents and businesses as we move forward to create Parkdale's Community Plan.



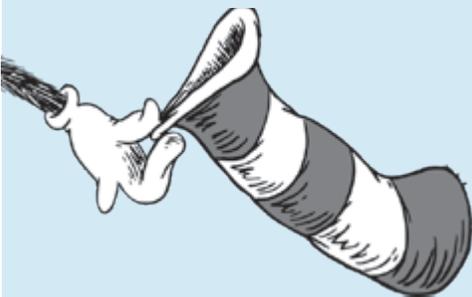
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Parkdale Community Association is a proud, active and welcoming neighbourhood that offers programs, services and facilities that make us a vibrant inner-city community.

For more info, visit our website at <https://parkdalecommunity.com/about-the-pca/membership>

Volunteering
is good for the soul



A Bet for Eggs and Ham

Dr. Seuss is one of the most famous authors in the world; known for his incredibly fun and illustrative children's books depicting fantastical worlds and characters. His editor knew he was talented, and wanted to challenge him, so he asked him to write a book using no more than 50 different words, just to see if he could. The result was the book "Green Eggs and Ham".

Know Your Ward: Online Map Shows Calgary's Ward Boundaries

October 2021 marks the changing of ward boundaries in Calgary. To help Calgarians know their ward boundaries, The City of Calgary has an online map that shows current ward boundaries and will show the changes that are occurring on October 18. Simply search by your address to find your designated ward. Additional information such as community boundaries, land use bylaw areas, police zones and districts, and business improvement areas/business revitalization zones are shown on this map, too. It is located at <https://maps.calgary.ca/CalgaryBoundaries/>.

To view more City of Calgary maps, please visit the Map Gallery at [maps/calgary.ca](https://maps.calgary.ca).



Tips For Using Your Green Cart This Fall



- Yard waste like leaves, branches, grass, and plants can go directly inside the green cart.
- Always fill your green cart first, then fill paper yard waste bags. Roll tops of bags closed to prevent spills and allow your collector to pick up the bags.
- Place extra yard waste bags at least two feet to the side of your green cart for collection. Make sure you can lift the bag with one hand.
- Do not use plastic bags in your green cart.

Starting in November, your green cart will be picked up once every other week. Weekly green cart collection will resume in the spring.

Visit calgary.ca/collection to check your schedule and sign up for reminders.

PARKDALE COMMUNITY ASSOCIATION
PARKDALE HUB

CAUTION
AREA UNDER
CONSTRUCTION

Phase 2 Construction on Accessible Rink & Hub
Starting July 5th, 18-week construction completed end of November

To learn more about the development, please visit <https://parkdalecommunity.com/rink/>

RAIN GARDEN NATIVE PLANTS TURF ALTERNATIVE

Community Resilient Landscaping Hub

- CONSTRUCTION WILL START SEPTEMBER 13, 2021
- LAST 3-4 WEEKS
- STUCCO WIRE WILL BE SURROUNDING THE AREA FOR 2 YEARS TO HELP PROTECT & LET THE RAIN GARDEN MATURE

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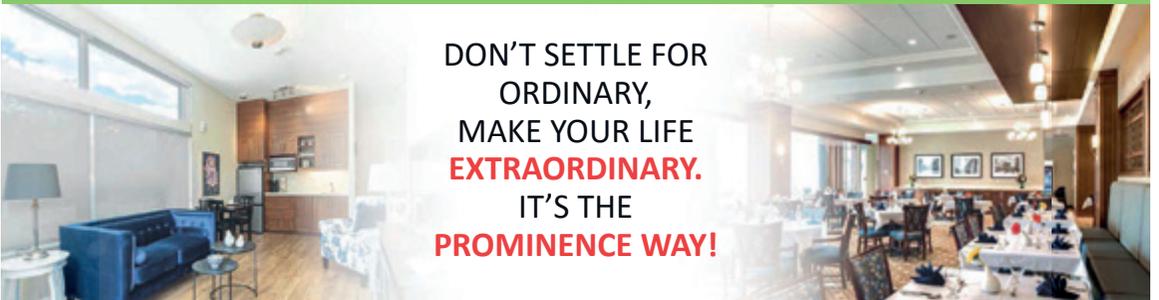
- Independent and assisted living
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- Spacious suites with large bedrooms and storage area
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- Weekly housekeeping with linen and towel service
- Home-style gourmet meals with flexible meal times and open seating
- Snacks and refreshments in the Bistro
- Heated underground parking with car wash
- Heated salt water pool
- Activity room
- Family kitchen
- Theatre
- Fitness centre
- Hair salon
- Nature walking paths
- Private dining room
- Daily activities
- Large courtyard
- Partnership with AHS

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FEDERATION OF
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Trick or Treating Tips

A message from the Federation of Calgary Communities



Halloween can be a fun and exciting event for kids (and adults). Below are some informative tips to increase safety on October 31.

Residents

- Turn on outdoor lights and replace burnt-out bulbs.
- Clear a path from the road to your front door and remove any potential obstacles or tripping hazards.
- Keep your pets safe. Confine animals indoors, away from the unfamiliar (and spooky) guests at the front door.
- Beware of potential food allergies; consider alternative goodies.
- If you're driving; be cautious of goblins, ghouls, and ghosts out and about in your neighbourhood.

Parents

- Costumes should be short enough to avoid tripping; and be light coloured to be easily seen at night. Having your child wear reflective tape will also help them be better seen by drivers.
- Use non-toxic makeup for the costume instead of masks as they can reduce visibility for your child.
- Create an easy-to-follow route with your children and teenagers.
- Travel in groups of three or four. Young children should be accompanied by a responsible adult.
- Practice crosswalk safety. Make your way up one side of the street and cross to the other side looking both ways, don't crisscross back and forth.
- Double-check your child's goodie bags to ensure everything is safe to eat.

Remember

Connect with neighbours!



News from the Friends of Nose Hill

by Anne Burke

Under Alberta's Wildlife Act, species at risk are the most vulnerable of Alberta's biodiversity and require special attention to maintain and recover population and habitat. Wildlife "eco users" are subject to loss, change, and recreational disturbance. Their low numbers or secretive habits present challenges, especially if they are rare, vulnerable, or endangered. See more at COSEWIC (the Committee on the Status of Endangered Wildlife in Canada).

A list of species in Nose Hill Park was based on critical or specific wildlife habitat suitability. The study included a "point" counting of all birds seen or heard during a set period of time. Between sunrise and 8:00 am, there were 23 locations for songbirds, from early June to early July. Whether summer residents or migratory, their breeding behaviours, such as singing, courtship, nest building, and defence, were noted. Identification relied on visual and auditory cues. Ground searches of potential nesting habitat for nearby sharp-tailed grouse were conducted during the summer. In addition, all known nest locations of raptors (hawk, owl, falcon) for 1987 to 1993 were compiled, with further field observations.

Fieldwork was done by volunteers. All 48 of the live traps were set up for 10 days, a total of 480 trap-nights per habitat type. The number was calculated for each species of small mammals (mice, voles, and shrews). Such animals were marked, recorded, and released. For pocket gophers/ground squirrels, the area of their mounds and burrows was intensively searched. However, a cost-effective method was to select from the wide range of wildlife species known to occur on Nose Hill. For natural area management planning, it was necessary to carefully monitor a smaller group of "indicator" or representative wildlife species, for evaluation purposes.



PARKDALE COMMUNITY ASSOCIATION

BOTTLE DRIVE

Save Your Empties

No Drop Offs necessary! Visit skipthedepot.com/parkdalecommunity - sign yourself up for a pick up, they will come pick up your empties and take to the recycling centre. All you need to do is select the PCA as where you want your \$\$ donated!



PARKDALE COMMUNITY ASSOCIATION PRESENTS

MICRO-GRANTS PROJECT

PCA Micro-grants of up to \$500 will be awarded to initiatives that encourage community involvement and good citizenship. This program is meant to encourage active citizenship by providing residents with funds to implement creative projects that benefit their local community.

To learn more & apply, please visit <http://parkdalecommunity.com/parkdale-community-association-micro-grants>

or email Jean-Michel Pare at volunteer@parkdalecommunity.com

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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About Wine

by Nik Rasula

About Wine features wines not typically on one's shopping radar; unique wines with a story - of people, place or style. It tells of artisans making reasonably priced wines (under C\$50 retail) while demonstrating careful Earth consideration.



2020 Etienne Suzzoni, Culomu Rouge, Calvi - Corsica, France

About Price: \$29

About Corsica: A mountainous island in the Mediterranean, Corsica sits just north of Sardinia and due east of Tuscany, Italy. Part of Italy for centuries, Corsica was ceded to France in The Treaty of Versailles of 1768. Its citizens, however, maintain close cultural ties to the land of La Dolce Vita.

About Distinctiveness: The chestnut tree has helped shape Corsican cultural identity. The island staple, it is used in the making of flour, as a feed for livestock, in food treatments, and much more. The Corsican practice of free-range grazing in chestnut undergrowth (called maquis), is recognized as a farming best-practice and is credited for contributing distinct nuances in the finished products. Corsican cheese Brocciu, and cured meats Prizutti and Coppa are produced in limited quantities and desired the world over.

About Terroir: Located between the Bay of Calvi and Monte Grossu, the 27 Culombu vineyards lie in silica-rich slopes of granite. Situated between 50 and 150 metres, refreshing ocean and mountain breezes keep vines healthy and aid in flavour development. The hot/dry Mediterranean climate best suits red grape varieties and enables fuller bodied, higher alcohol wines.

About the Winery: Situated near Lumio in northwest Corsica, Clos Culombu is owned by the fourth generation of the Suzzoni family. Recently celebrating their 40th vintage, the Suzzonis maintain a healthy mixed operation covering 106 hectares (64 vines, 12 olives, 30 grazing meadows/oaks). Following the principles of complantation (combining, rather than separating varieties in the field), they grow 19 different grape varieties including 10 little-known domestic kinds.

About the Blend: A red wine consisting of 60% Sciaccarellu ('shack-a-rello'), 20% Niellucciu ('neel-oo-cho'), 10% Minustellu ('me-noos-tell-you'), 10% Syrah.

About the Wine: Pouring a medium ruby, notes of violets, maquis, and blackberries entice. The medium-bodied palate offers refreshing flavours of ripe red plums and dark cherries. The finish offers fresh and lasting hints of cigar tobacco.

Decant one hour to allow the wine to open fully.

About Pairing: Brocciu cheese, prizutti, seafood risotto, cassoulet, gnocchi.

About Sustainability: Vegan. Certified Organic by Ecocert®.

About Alcohol Level: 14.5%

About Availability: Check liquorconnect.com
CSPC # 852353

The Five-Year Journey to an Ant



There are so, so many words in the English language. Have you ever really thought about it or tried to learn them all? To put the number of words into perspective, the editors of the first Oxford English Dictionary took five years just to reach the word 'ant'.

That is amazing!



Essential numbers for seniors in Calgary

9-1-1 Emergency (24-Hour)	403-SENIORS (403-736-4677) The Way In
For EMERGENCY medical, fire and police response. Call the non-emergency police line at 403-266-1234 to report an incident that is not an emergency.	Information, advice and help accessing programs and benefits for older adults.
8-1-1 Health Link (24-Hour)	403-266-HELP (403-266-4357) Distress Centre and SeniorConnect (24-Hour)
Health advice (including dementia advice) from a registered nurse.	Crisis support and urgent social work response (including if you are concerned about a senior at risk in the community).
3-1-1 City of Calgary (24-Hour)	403-943-1500 Access Mental Health
Information on all City of Calgary services. www.calgary.ca	Non-urgent advice on navigating the addiction and mental health system.
2-1-1 Community Resources (24-Hour)	403-705-3250 Elder Abuse Resource Line (24-Hour)
Information and referrals for community and social services. www.ab.211.ca	Confidential information and support, or to report a suspected case of elder abuse.

Telephone language interpretation service available on all lines.

You Were There

by Cheryl Dunkley

When I think back, you were all there,
 We could make an appointment and get good care.
 Doctors, dentists, the lab and x-ray,
 All were there on any given day.
 Plexiglass, full PPE and dozens of masks
 Hopefully kept you safe for your many demanding tasks.
 Not one grumble or complaint was heard
 You were there, good to your word.
 Through Phases one, two and three,
 911 responded quickly for you and for me.
 The hospitals were crazy busy, ICU overflowed.
 The nurses, bless their hearts were burdened but unbowed.
 Teachers, school staff too,
 Rescheduling every week
 Kids in the building or at home,
 Who ever knew?
 A trip to get groceries, the pharmacy, and the bank
 Remember to stop at the pumps and fill up the tank.
 Essential chores, important issues too
 All were there, much gratitude to YOU, YOU and YOU!



MLA, Calgary-Varsity

Jason Copping

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Giving Thanks

October is the month in which we give thanks. Dealing with the COVID-19 pandemic over the past 18 months has been incredibly challenging for our province. As I have watched Albertans pull together to meet this challenge, I am thankful for a number of things:

I am thankful for families who found innovative ways to support each other through online meetings and assisting children moving to/from schools. I am thankful for the workers who have stepped up to provide critical services during the pandemic (particularly healthcare workers) and all employees who have changed how they work to keep themselves, their co-workers, and patrons safe. I am thankful for communities and neighbours who supported each other in many ways, including grocery shopping for seniors. I am thankful for all levels of government who have stepped up to provide supports to Albertans and Alberta businesses during these challenging times, particularly given the many Albertans who lost their jobs. Most of all, I am thankful for the compassion and thoughtfulness of constituents who have followed the guidance of our Chief Medical Officer of Health and got vaccinated.

I recognize that we are not out of the woods yet. With vaccinations, however, fewer restrictions are required as we learn to live with COVID. That said, I am incredibly optimistic for the future of our province and thankful for the resourcefulness and resiliency of Albertans.

It is forecasted that Alberta will lead the country in both economic and job growth this year and next. I am excited about the job opportunities that are being created across diverse sectors of the economy and our Economic Recovery plan that supports this growth. This economic growth will also support funding for key social programs such as health care and education that are so important to Albertans.

Alberta is on the path of recovery. For this I am thankful.

As always, if you have questions or concerns feel free to reach me through email at Calgary.varsity@assembly.ab.ca or call 403-216-5436.



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